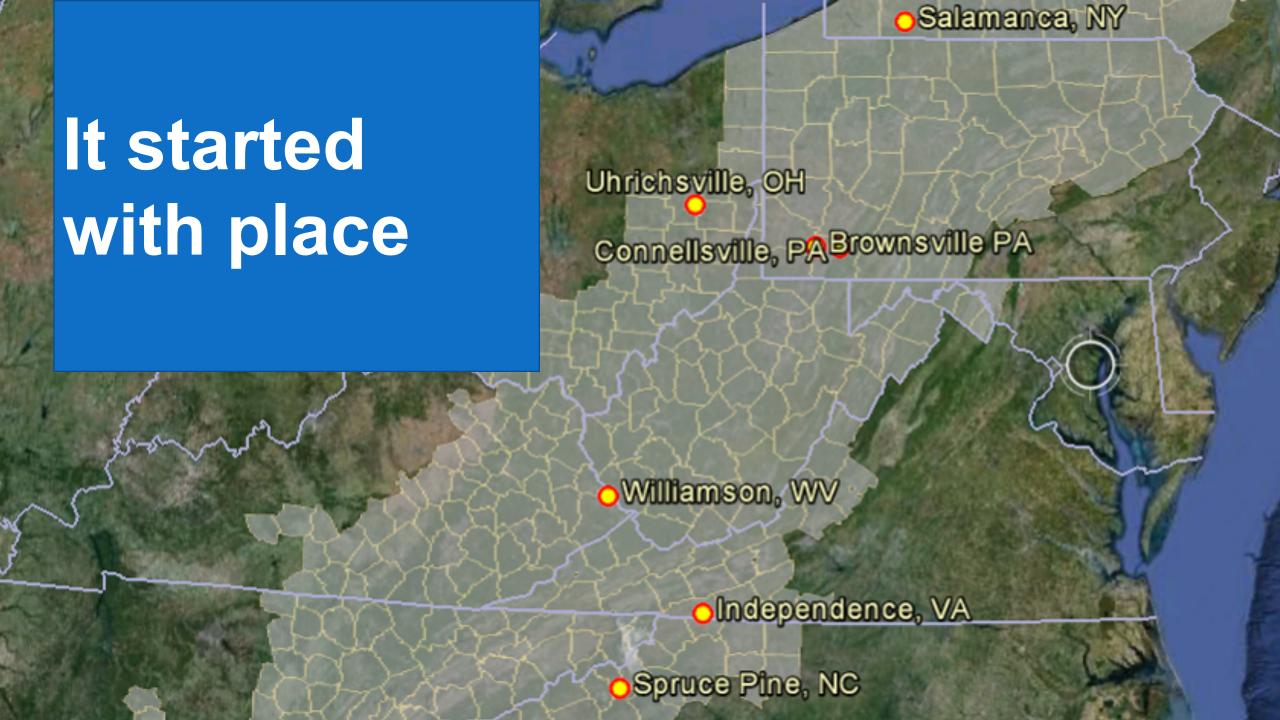
Creating a Culture of Health in Rural Appalachia

New Partners for Smart Growth Conference February 4, 2017











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Health partners emerge as agents of change

Having a seat at the table and reframing the conversation...

- Reduce poverty through economic development
- Improve diet through access to fresh foods
- Promote active living through place-making improvements that encourage walking and biking
- Catalyze revitalization with thoughtful location of healthcare facilities





What is a healthy place?

"Those designed and built to improve the quality of life for all people who live, work, worship, learn and play within their borders—where every person is free to make choices amid a variety of healthy, available, accessible, and affordable options"

Source: Centers for Disease Control and Prevention, Health and Healthy Places (2014).

Pilot program

How do we create healthy places?

- Using health as an economic driver
- Leveraging health partners for economic revitalization
- Increasing access to primary care and preventive services
- Promoting healthy behaviors and lifestyles
- Fostering collaboration between health sector and economic development

Proven model of quick-hit technical assistance

- Set context what are the issues and opportunities?
- What are our goals?
- Who needs to be at the table?
- What are our local assets (people + place)
- How might we reframe the problem?

Assess & Reframe

Convene & Rethink

- How have these issues been dealt with in other communities?
- What are our most pressing opportunities to address health + placebased issues?
- Let's prioritize and build on our local capacity
- What other partners can be engaged?

- Write action plan
- Mobilize resources
- Align funding and people power

Act & Realize

Desired results

- Integrating health considerations into all community development initiatives
- Leveraging health partners to bring added capacity to the table address key challenges
- Align place & programmatic investments and initiatives to create healthy places that foster better health outcomes
- Expand body of knowledge and promote information exchange on lessons learned and success stories

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